

FALL 2020

# Mohler Matters

Due to Pennsylvania's social setting restrictions, Mohler Center will be CLOSED to indoor activities until further notice. We will re-examine this by end of year.

We continue to be grateful to everyone for their continued cooperation and patience as we do our best to serve those who rely on us while keeping the health and safety of our community and staff at the front of every decision we make.

As we continue to expand our virtual offerings, we are also looking into offering computer/tablet loans for those who want to connect but don't have the ability. Let us know if you would be interested in getting a device and getting connected to your friends at Mohler Center!

Staff will have limited office hours starting 9/1—all by appointment only!

## Good NEWS!!

Penn State Health/HMC has renewed our lease at 25 Hope Drive until Summer of 2022. At that point we plan move into our new home at the Hershey Community Center.

*Celebrate with me!*

### **Move, Groove & Grub w/ Kim from Country Meadows at Mohler Center (in parking lot)**

**Friday, September 11 at 10:00-11:00 AM (rain date 9/18)**

Exercises to benefit the body and the brain are woven together in a lively program of physical activity. Boost your circulation and fire up your brain as you enjoy a few good laughs with friends! This outdoor activity will offer plenty of fresh air, room for social distancing and an opportunity to engage in physical and cognitive exercise. A bagged lunch will be provided by Country Meadows of Hershey.

RSVP by 9/9 to 717-533-2002 or [information@mohlerseniorcenter.com](mailto:information@mohlerseniorcenter.com)

## From the Director's Desk

As we hit the 6 month mark of being closed due to COVID-19, I wanted to take the opportunity to update you on what we have done, what we continue to do, and what we are planning for.

**Past:** We rolled out our virtual senior center in May. This started with a sprinkling of exercise classes. We have since added social events, guest lecturers, and a book club. And we will continue to tweak our virtual offerings so that all our members can participate.

**Present:** We have expanded programming to include a daily patio visit and twice a week exercise classes that all take place outside.

**Future:** Our new focus is putting technology into the hands of seniors who are not connected and want to be. If this is you, please reach out to Melissa at 717-533-2002 or [m.weigle@mohlercenter.com](mailto:m.weigle@mohlercenter.com).

Until we open, know that we are working hard every day, interacting with members, striving to help older adults have access to programs and resources to help them live independently, healthy, and active lives. Please reach out if you need anything!



### **Mohler Membership Updates:**

Please continue your membership to the Mohler Center if able....we could really use your continued financial support. Renewals are mailed monthly.

If you want help connecting to email, zoom, or Facebook, please let us know. We are ready and able to help you get connected. Now is the time to learn! Let us help.  
717-533-2002  
[information@mohlerseniorcenter.com](mailto:information@mohlerseniorcenter.com)

**Jigsaw Puzzle and Book Exchange:** We have been collecting jigsaw puzzles and books over the last few months and are looking forward to opening our lobby lending library again. This is by appointment ONLY! Call 717-533-2002 or email at [information@mohlerseniorcenter.com](mailto:information@mohlerseniorcenter.com) to make an appointment.

**MC 101:** While we cannot offer in person Medicare Counseling, there are resources available for those who are approaching Medicare age. Call 717-533-2002 or email [information@mohlerseniorcenter.com](mailto:information@mohlerseniorcenter.com) for more information.

**Smart Driver Classes** have been suspended until 2021. If you have a computer, you can take the class online by going to the AARP.org website. We will put out a list of in person classes in 2021.

### **NEW TAP DANCING CLASS FOR BEGINNERS**

*Level 1*

*Thursdays starting 9/3 via Zoom  
10:30-11:30 AM*

***NO EXPERIENCE NECESSARY!!!***

*Foundational tap dancing technique, easy to learn choreography for beginners.  
COST: \$3/ class (Purchase Class Card from the Mohler Center).*

*For more information about the class, materials needed, etc, call the center at 717-533-2002 or shoot us an email at [information@mohlerseniorcenter.com](mailto:information@mohlerseniorcenter.com)*

**Calendar of Events—Details emailed each week or call Mohler Center for full list of activities weekly. FREE unless noted.**

### **Mondays:**

**8:15 ZOOM Silver Sneakers**—contact [keichinger@countrymeadows.com](mailto:keichinger@countrymeadows.com) to be added.

**8:30 ZOOM Pilates**—\$3/class—contact [shkurtz@aol.com](mailto:shkurtz@aol.com) to be added

**9:15 Stretch & Walk at Mohler Center with Sara**—Weather permitting (no walking in down-pour rain, thunder, or lightning), stretch on patio, walk in parking lot.

**10:00 Facebook Live Line Dancing**—contact [susan@lrr.org](mailto:susan@lrr.org) to be added

**10:30 Patio Pals at Mohler Center**—Different events each day—check your email or our voice mail for daily details. This is weather permitting, call the center that morning if weather is looking questionable. Mask required until you get to your seat.

**1:00 ZOOM Bingo**—link emailed each week

**1:30 ZOOM Zumba**—\$3/class—contact [jmc\\_millen@comcast.net](mailto:jmc_millen@comcast.net) to be added.

### **Tuesdays:**

**10:30 ZOOM Tap Dance Advanced**—\$3/class—contact [krebsmichele9@gmail.com](mailto:krebsmichele9@gmail.com) to be added

**10:30 Patio Pals at Mohler Center**—Different events each day—check your email or our voice mail for daily details. This is weather permitting, call the center that morning if weather is looking questionable. Mask required until you get to your seat.

**1:00 OK ZOOMER!** - different topics each week via Zoom—check your email or call for topics.

### **Wednesdays:**

**8:30 Zoom Pilates**—\$3/class—contact [shkurtz@aol.com](mailto:shkurtz@aol.com) to be added

**10:30 Patio Pals at Mohler Center**—Different events each day—check your email or our voice mail for daily details. This is weather permitting, call the center that morning if weather is looking questionable. Mask required until you get to your seat.

**10:00 Facebook Live Line Dancing**—contact [susan@lrr.org](mailto:susan@lrr.org) to be added

**1:00 ZOOM Bingo**—link emailed each week

**1:30 ZOOM Zumba**—\$3/class—contact [jmc\\_millen@comcast.net](mailto:jmc_millen@comcast.net) to be added

**4:00 Zoom Silver Sneakers**—contact [keichinger@countrymeadows.com](mailto:keichinger@countrymeadows.com) to be added

### **Thursdays**

**10:30 Patio Pals at Mohler Center**—Different events each day—check your email or our voice mail for daily details. This is weather permitting, call the center that morning if weather is looking questionable. Mask required until you get to your seat.

**10:30 ZOOM Tap Dance Beginners**—\$3/class—contact [krebsmichele9@gmail.com](mailto:krebsmichele9@gmail.com) to be added

**1:00 Zoom Tai Chi with Deb**—link is emailed, if not already receiving invites, contact [m.weigle@mohlercenter.com](mailto:m.weigle@mohlercenter.com) to be added.

**1:00 Patio Book Club (weather permitting) 9/17: The Vanishing Half, 10/22: The Dutch House.** Contact Mohler Center at 717-533-2002 if you need help obtaining book.

### **Fridays:**

**8:30 ZOOM Pilates**—\$3/class—contact [shkurtz@aol.com](mailto:shkurtz@aol.com) to be added

**9:15 Stretch & Walk with Sara**—Weather permitting (no walking in downpour rain, thunder, or lightning), stretch on patio, walk in parking lot.

**10:00 Facebook Live Line Dancing**—email [susan@lrr.org](mailto:susan@lrr.org) to be added

Mohler Senior Center  
25 Hope Drive  
Hershey, PA 17033

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Website: [www.mohlerseniorcenter.com](http://www.mohlerseniorcenter.com)

The Mohler Senior Center strives to make a positive difference in the lives of any person in the greater Hershey Area who is fifty years or older. We provide a wide range of physical exercise opportunities, games, travel, educational courses, and social and volunteer opportunities in a pleasant, safe, and welcoming atmosphere. Our goal is to insure that older citizens can stay physically active, mentally stimulated, and independent for as long as possible.

The Mohler Senior Center is an independent, non-profit agency, depending solely on private funding and endowments to operate. Although there is no formal dues structure, members are expected to contribute a donation of at least \$75 per year.

**Jack Bishop:**  
President of the Board of Directors  
**Melissa Weigle:** Executive Director  
**Kim Reese:** Administrative Assistant  
**Kathy Giovanniello:** Administrative Assistant

Do we have your email?

We are sending out a weekly emails-if you are receiving it, GREAT-no further action required. If you ARE NOT receiving emails from me right now, then we do not have your email OR we have a typo in your email address, so please email me so I can add you to our list:

Only if you are not receiving emails from us, please send: NAME (first and last) & EMAIL ADDRESS TO: [m.weigle@mohlercenter.com](mailto:m.weigle@mohlercenter.com)

This is the easiest way for us to broadcast messages quickly. Don't have email? Don't despair...we will post our weekly activities on our message-just call the center at 717-533-2002 and listen to the programs for the week.